

SUPINE STABILISER



The Supine Stabiliser by Simple Stuff Works is an innovative and award winning piece of equipment designed to help stabilise the femora and pelvis while in the supine position (lying down, face up). Made from a breathable, washable fibre that draws vapour and sweat away from the body allowing the user to sleep in a temperate and hygienic environment.

Instructions:

- Place the stabiliser so the widest part is on the bottom, resting on the sheet.
- Support the person's thighs and place their legs through the gaps in the middle.
- The thin part of the pommel must be nearest the person's torso.
- Ensure the legs are fully supported.

Sizing:

Size 1 (infant)

Size 2 (18mths - 3 yrs)

Size 3 - (child to 14 yrs)

Size 4 (teenager - adult)

SIDE LYING LEG SUPPORT



Many people adopt a position in lying half on their back and half on their side - this distributes the weight of the body across the ilium so that the pelvis rests at approximately 30°-45° in relation to the horizontal. In order to maintain the hips in as neutral position as possible the top leg needs to be supported.

The Side Lying leg support has been designed for optimal positioning for the hips in this position. Both legs are supported and excess knee contraction is prevented through the gentle shape of the support. It can be used for either left or right side lying.

Instructions:

- Only to be used when a person is lying on their side.
- Place the person onto their side, either left or right.
- Place the side lying support behind the bottom leg, so that the front curve of the support follows the curve of the leg.
- Place the top leg into the gully channel.



Side Lying Leg Support Sizing:

Size 2 (small child)

Size 3 (child to 14 yrs/small adult)

Visit www.c1south.co.nz or contact us for full product dimensions and sizing charts

THE CUBE WEDGE POSITIONING SYSTEM



The Cube is a positioning system consisting of several versatile foam wedges specially designed for children and adolescents with limited range of motion or postural impairments for treatment and other activities.

The wedges can be attached together with velcro fasteners to form a cube or other configurations. Can be used on the floor, beds, and mat platforms. Covered in wipe clean dartex fabric with wipe clean contrast colour. Includes 2 large and 2 small wedges.

Dimensions:

- Large wedge 27" L x 20" W x 15" H
- Small wedge 14" L x 20" W x 8" H



Please visit our website for more information about our Postural Management range