AHl General Purpose AH4 D-Ring AHl Mini General AH3 Looped AH8 Limb Difference AH2 Outdoor Exercise Aids Gripping Aid Purpose Aid Exercise Aide Gripping Aid Allows children Allows users to Designed to be worn Allows users to use Ideal for those who Features strong loops participate in a range under five to ride an over gloves, allowing that slip over the ertain equipment by have some or all of of activities, such as: adaptive tricycle and users to participate in handles of certain attaching directly to their fingers, or parts enjoy other activities. outdoor activities exercise equipment the carabiner on gym of their hand missing, Working out in the Enables little hands (e.g. Gardening) or (e.g. rowing equipment (e.g. including those with to hold onto cable and pulley gym Winter Sports (e.g. machines) and conditions from birth, handlebars tightly Using some gaming Skiing) while sporting equipment machines). Gives the amputation, injury or consoles and securely. ensuring their hands benefit of greater illness. (e.g. hand bikes) • Home DIY Enables them to: are kept warm. movement as well as Holding a snooker Hold onto a glass or pulling directly from Allows users to use cue cup the wrist. equipment in the • Rowing/Kayaking • Use some game kitchen, gym or consoles and more! Gardening garden. • Holding a glass or Available in Blue or bottle and more! Pink. Available in left/right Available in left/right Available in left/right Available in standard Available in standard Available in standard options in small. options in standard options in mini or large sizing. or large sizing. sizing. standard or large sizing. sizing. sizing. -- -

Each sold separately

Each sold separately

Sold as a pair



**A=Circumference of narrowest** part of the wrist B= Length from crease line (where hand joins the wrist) to

### A: Wrist

top of the middle finger

Mini: 120mm-140mm **Small:** 135mm-150mm Standard: 145mm-185mm **Large:** 180mm - 220mm

#### **B: Wrist to Middle Finger**

Mini: 120mm-140mm Small: 135mm-175mm Standard: 175mm-210mm **Large:** 195mm-280mm

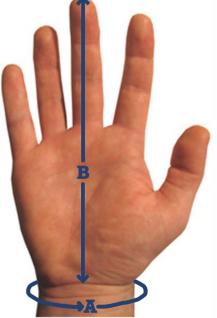








View the complete range of Active Hands Gripping Aids on www.clsouth.co.nz



Contact

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# **Gripping Aids**

Giving you independence to live the life you want

Active Hands are an award winning design that allow those who are limited by weak grip or poor hand function to participate in a wide range of activities in the home, gym and while out and about. When tightening the gripping aids, gently pull the hand into a fist shape and can be adjusted to hold items in the palm. Exercise aids attach or slip over the handles and components of exercise equipment.



Left or right hand sold separately.

## ATTO Small Hem Cripping Aid

The Small Item Gripping Aid is a new and exciting gripping aid from Active Hands. This allows you to hold small diameter items such as make-up, other personal care items, art and office products. A two-part system, consisting of a neoprene glove and a velcro-on palm pad, allows you to swap between palm pads quickly (Comes with 2 Palm Pads). Left & Right.

Small - 135mm - 160mm wrist circumference

Standard/Large - 160mm - 210mm wrist circumference







## AH10 Hook Aids

The Hook Aids are designed to enable you to grip and release equipment mostly in the gym or as part of exercise activity. This pair of Hook Aids have been designed to be used on machines with bar type handles and some types of handlebars on bikes or hand bikes. They are great for situations where the Looped Aids cannot be used, for example closed ended bars.

Available in Standard or Large sizing and come in pairs. Standard - 130mm - 180mm wrist circumference Large - 175mm - 260 wrist circumference



